

Dark Star 7 - terms & conditions

By entering this event, you are bound by our terms & conditions.

Please read the following, for your safety on the run, and to respect others using the public rights of way...

1. Remember, Dark Star 7 is a fun run, rather than a race.
2. The first & last section of the course involves a short road section within the industrial estate, close to the brewery. Although we expect this to be relatively free of traffic, please be careful and keep close to the side of the road, using the pavement where possible.
3. Watch your footing. The terrain of the course is rough underfoot in places, causing potential trip hazards, and is likely to be slippery, particularly if wet and muddy.
4. As this is a trail run, you might have a more enjoyable experience wearing off-road shoes.
5. Walk over the footbridge, using the handrails.
6. Be aware of any low-hanging branches.
7. Be courteous & friendly to others on the public rights of way, and respect the fact that walkers, horse riders, cyclists, dog walkers, etc, have just as much right to the public rights of way as we do. Please walk past horses to avoid frightening them.

8. Be patient in narrow sections of the route, and at gates, where you might be held up.

9. Keep to the left in all narrow sections of the course. This will avoid clashes between those returning and those still on the outbound leg, and it will be less imposing for other people using the public rights of way.

10. There will be water available at the turn (3.5km). Otherwise, please take responsibility for your own hydration on the run.

11. Do not drop water cups, energy gel wrappers or any other litter on the course.

12. There will be marshals sited at various points on the course.

13. Listen out for directions, and any instructions, given by the marshals.

14. If you feel unwell or pick up an injury likely to be made worse with further running, please return to the start or, if closer to the 3.5km turn point, please make your way to that turn point, where there is road access and easier to get a vehicle to you, if necessary.

15. On reaching the 3.5km turn point, anyone not turning and returning straight away (eg choosing to stop for a drink in the nearby pub), will then return at their own risk. A tail marshal will return as the last runner reaches the turn point.

16. Before and after the run, please do not loiter in the road.

17. Those driving to the event, please drive slowly, on arrival and departure, in the vicinity of the brewery.

18. Participants under the age of 18 years may only enter if a parent or guardian signs up on their behalf.

19. Participants under the age of 11 must be accompanied by an adult.

20. The course is unsuitable for buggies.

21. Owing the narrowness of the run route, and likely congestion, the event is unsuitable for dogs. Dogs are allowed in the brewery yard, but not in the brewery itself.